

How to use the Music Making Journey

Start



Experiment With Your Sound



- ★ Try out different musical sounds and ideas with your chosen instrument.
- ★ Take your time to experiment, remember there are no wrong ideas.
- ★ Choose one idea and take it with you as you travel through the map.



Play Develop Explore



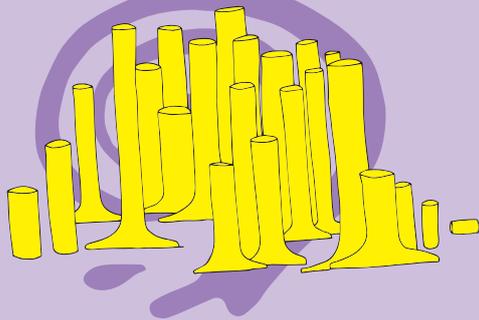
Take your idea and explore it further. You could:

- ★ **Stretch it out:** Make the sounds longer by playing it at half speed or doubling the notes.
- ★ **Compress it:** Make the sounds shorter by playing it at double speed or by halving the notes.
- ★ **Repeat it:** Repeat the whole idea or part of it. You could also repeat your idea starting on a different note or chord.
- ★ **Turn it upside down:** You could play your idea backwards, cut it up, or jumble it around.

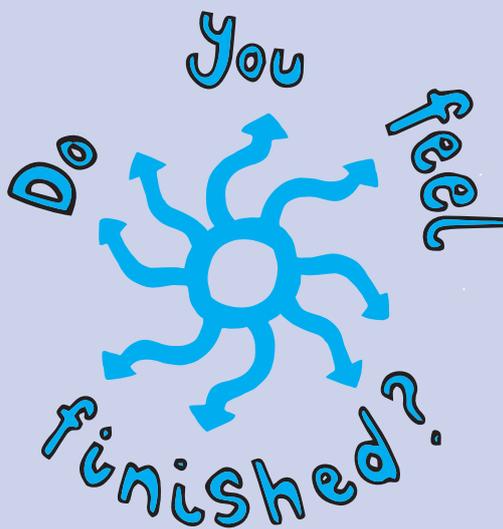
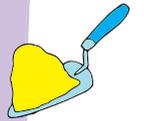
Listen to how your idea is growing and changing. You might develop new ideas to include in your piece or you might want to discard some of your ideas.



Build



- ★ Which sounds or ideas are you going to use from the 'Play, Develop, and Explore' stage?
- ★ Which ideas will make up the beginning, middle, and end of your piece? Do you want to add anything as an introduction or ending?
- ★ Think about the shape and pace of your piece. Are there slower or faster moments? Are there parts that feel full and busy, or more spacious?
- ★ As you start to put your piece together you might want to think about how the musical ideas move into each other and become joined together. Does this happen suddenly or gradually? Do you need a sound or phrase that links two ideas or sections? Keep listening and experimenting until you find something you like.



Once you are happy with your piece, you might want to think about what to do next. You could:

- ★ Perform it
- ★ Record it
- ★ Share it with a friend
- ★ Get feedback
- ★ Let it rest

It can be helpful to share a piece, even when it doesn't feel finished. Having a friend or family member listen and give feedback during the process can be really helpful. Their feedback can feed into the piece as it continues to grow and change.



Reflection Point



You might want to reflect by going for a walk or making a cup of tea. Let your mind rest and return to your ideas later. Come back to the map when you are feeling refreshed.



- ★ Take some time to reflect on the music you are making.
- ★ You might want to reflect by thinking about what you have made or listen to a recording of it.

Make a note of some of your thoughts.

- ★ What do you like? What do you want to hear more of?
- ★ Does any part of the music or process feel stuck? (Maybe take a chance card!)
- ★ What do you want to try next?
- ★ Is anything missing?