

# MUSIC FOR *Life*

## MONDAY AFTERNOONS

Music for Life Monday Afternoons is a warm and welcoming group that comes together to explore and create music.

The group comprises people living with a young onset dementia, their families and carers, and musicians from Wigmore Hall's Music for Life programme.

Together we make music that reflects us as a group, with our own individual stories, experiences and ideas inspiring shared conversation and creativity. The sessions provide an open space for everyone to contribute in whatever way feels authentic for them. You don't need to be a musician to take part, and there is no pressure to participate in any particular way.

# WHEN AND WHERE

Monday Afternoons meet once a fortnight, alternating between online sessions and in-person sessions that take place in Wimbledon. You are welcome to attend online, in-person, or both!

## Online sessions

Monday 25 April 2022

Monday 23 May 2022

Monday 20 June 2022

Monday 18 July 2022



Online sessions take place via Zoom at 2.30 – 4pm

## In-person sessions in Wimbledon

Monday 9 May 2022

Monday 6 June 2022

Monday 4 July 2022

Monday 1 August 2022



In-person sessions take place at Hillside Church in Wimbledon at 2.15 – 4.15pm (including time for refreshments either side of the music session).

## Location:

Hillside Church, 37 Worple Road, Wimbledon, SW19 4JZ

The nearest train station is Wimbledon.

There is no parking at the venue, but on-street parking is available nearby.

# BOOKING

Attendance is free but booking is required. To find out more or to book a place, please contact the Wigmore Hall Learning department



**Email: [learning@wigmore-hall.org.uk](mailto:learning@wigmore-hall.org.uk)**

**Telephone: 07551 372255**

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